

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

OPTION 2



Margherita pizza & oven baked wedges



Mixed bean bolognaise with penne pasta



Vegetable sausages with roast potatoes & gravy



Pea-powered vegetable stir fry with carrot rice



Vegetable nuggets, chips & tomato ketchup



Pepperoni pizza & oven baked wedges

Beef & lentil bolognaise with penne pasta



Roast gammon with roast potatoes & gravy

Creamy coconut chicken & chickpea curry with carrot rice



Fish fingers, chips & tomato ketchup

Veggies



Broccoli



Carrots & peas



Carrot & cabbage



Broccoli & cauliflower



Baked beans



Pasta



Penne pasta with house tomato sauce



Penne pasta with a creamy cheese sauce



Creamy pesto penne pasta



Penne pasta with a creamy cheese sauce



Penne pasta with house tomato sauce



Filled Rolls



Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Ham Cheese Tuna mayo

Cheese Tuna mayo

Sweet Treats



Lemon shortbread biscuit



Chocolate & banana brownie sponge



Orange jelly & mandarins



Baked apple & cinnamon sponge



Strawberry yogurt & strawberry sauce



Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans

KEY

Wholegrain



Vegetarian



Nutritionist's Choice



Vegan



Main Meal

OPTION 1

OPTION 2

Veggies

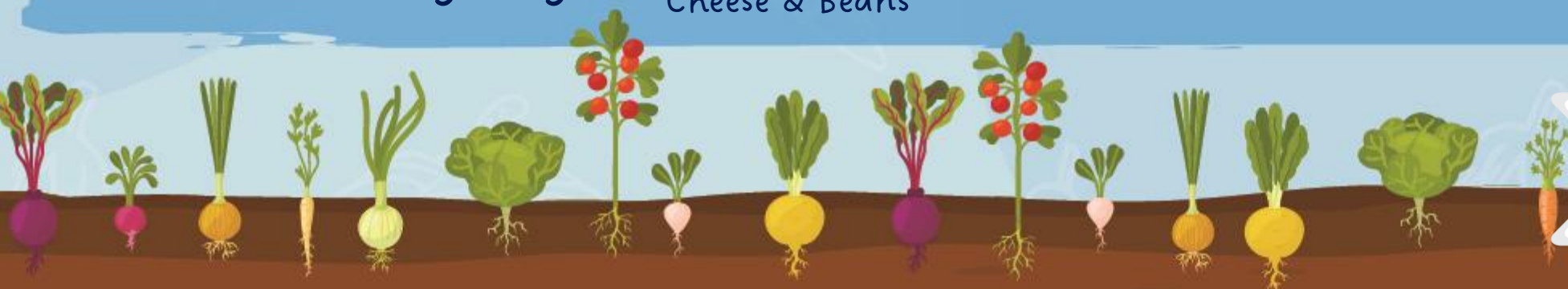
Pasta

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Margherita pizza & oven baked wedges	Pea-powered vegetable pie & new potatoes	Cheesy cauliflower pasta bake	Lentil & sweet potato dahl with vegetable rice	Vegetable sausages, chips & tomato ketchup
OPTION 2	Tomato, spinach & salmon pasta	Chicken & vegetable pie with new potatoes	Roast turkey breast, roast potatoes & gravy	Lemon & herb chicken with chickpeas & vegetable rice	Fish & chips with tomato ketchup
Veggies	Broccoli	Peas	Carrots & cauliflower	Selection from the salad bar	Peas
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Watermelon wedge	Oaty apple crumble & custard	Chocolate mousse	Carrot cake with orange glaze	Raspberry jelly & mandarins

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan

Main Meal

OPTION 1

OPTION 2

Veggies

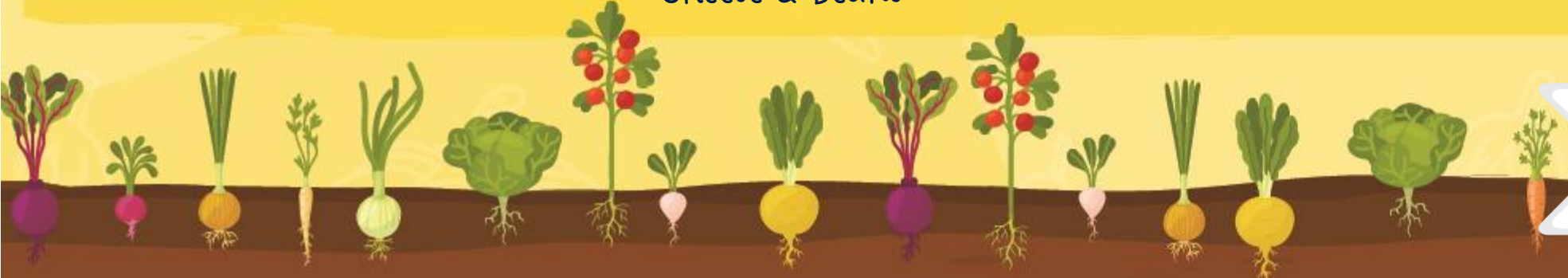
Pasta

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Pea-powered mild chilli with rice	Vegetable sausages & mashed potatoes with gravy	Roast Quorn fillet with roast potatoes & gravy	Baked creamy mac 'n' cheese	Quorn dippers, chips & tomato ketchup
OPTION 2	Mild beef & lentil chilli con carne with rice	Pork sausages (beef casing) with mashed potatoes & gravy	Roast chicken breast, roast potatoes & gravy	BBQ chicken loaded mac 'n' cheese	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Broccoli & carrots	Selection from the salad bar	Baked beans
Pasta	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Penne pasta with a creamy cheese sauce	Penne pasta with house tomato sauce	Creamy pesto penne pasta
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate shortbread	Apple & summer berry crumble with custard	Strawberry yogurt & strawberry sauce	Raspberry jelly & mandarins	Chocolate fruit crispie cake

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan