

ALLERGY AWARE VEGETARIAN

SPRING/SUMMER 2025

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contain **SOYA & SULPHITES**.

If a pupil has a food allergy or intolerance to **SOYA OR SULPHITES** they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in **RED**

NOTE: All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.

SPRING/SUMMER 2025 MENU



ALLERGY AWARE VEGETARIAN WEEK 1

STOP AND THINK!

Have you completed the double-checking confirmation sheet?

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|------------|------------------|--|---|--|--|--|--|
| HOT DISHES | MAIN DISH | SD Vegan Cheese & Tomato Pizza 93174975 NO GARLIC & HERB BREAD | SD Macaroni Cheese CONTAINS SOYA & GF OATS 93180465 | Vegetable Biryani 93235473 | SD Incredible Burger 93170473 with Potato Wedges 93156646 | SD Vegan Sausages 93200114 ONLY USE DEVIL KITCHEN SAUSAGE VMC 184529 with Chips 93040525 | |
| | JACKET POTATO | Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO | | | | | |
| | PASTA | SD Tomato Pasta CONTAINS SOYA 93171286 | | | | | |
| | VEG | All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR | | | | | |
| | DESSERT | SD Frozen Smoothie 93166797 / 93166798 | SD Chocolate Brownie CONTAINS SULPHITES 93196787 | Sliced Fresh Banana 93041625 with SD Coconut Yoghurt 93200113 | SD Apple Oat Bite CONTAINS GF OATS 93196789 | SD Shortbread 93221990 | |

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/93065473/93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL



SPRING/SUMMER 2025 MENU



ALLERGY AWARE VEGETARIAN WEEK 2

STOP AND THINK!

Have you completed the double-checking confirmation sheet?

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|------------|--------------|--|--|---|---|--|--|
| HOT DISHES | MAIN DISH | Veggie Meatballs in Tomato Sauce 93283682 with SD Pasta CONTAINS SOYA 93163235 | SD Meatless Feast Cheesy Pizza 93315912 with Potato Wedges 93156646 | SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes 93035127 and Gravy 93034775 | SD Vegetable Fajita 93315917 with Wholegrain Rice 93035026 | SD Cheesy Bean Tortilla Toastie 93388503 with Chips 93040525 | |
| | | Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO | | | | | |
| | PASTA | SD Tomato Pasta CONTAINS SOYA 93171286 | | | | | |
| | VEG | | All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR | | | | |
| | DESSERT | SD Frozen Smoothie 93166797 / 93166798 | SD Banana & Carrot Muffin 93197073 | Strawberry Jelly 93290175 | SD Lemon Drizzle Sponge CONTAINS SULPHITES 93219994 | SD Cookie CONTAINS GF OATS 93290178 With Orange Slices | |
| | | | | | | | |

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL



SPRING/SUMMER 2025 MENU



ALLERGY AWARE VEGETARIAN WEEK 3

STOP AND THINK!

Have you completed the double-checking confirmation sheet?

| | | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|------------|------------------|--|--|---|---|--|--|
| HOT DISHES | MAIN DISH | SD Vegan Cheese & Tomato Pizza 93174975 NO GARLIC & HERB BREAD | SD Veggie Sausage Hotdog 93241054 ONLY USE DEVIL KITCHEN SAUSAGE VMC 184529 with Potato Wedges 93156646 | SD Sweet Potato and Chickpea Roast 93165175 with Roast Potatoes 93035127 and Gravy 93034775 | SD Butternut Squash Bake CONTAINS GF OATS 93166601 with Wholegrain Rice 93035026 NO GARLIC & HERB BREAD | SD Incredible Burger 93170473 with Chips 93040525 | |
| | JACKET POTATO | Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO | | | | | |
| | PASTA | SD Tomato Pasta CONTAINS SOYA 93171286 | | | | | |
| | VEG | All main meals are served with two vegetables. NO COLESLAW, MIXED SALAD OR SALAD BAR | | | | | |
| | DESSERT | SD Frozen Smoothie 93166797 / 93166798 | SD Chocolate Brownie CONTAINS SULPHITES 93196787 | SD Shortbread 93221990 with Apple Slices 93365817 | Raspberry Jelly 93290177 | SD Flapjack CONTAINS GF OATS 93165520 | |

ONLY SERVE WHAT IS ON THIS MENU SD – SPECIAL DIET RECIPE

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625)

NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR

THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL

