

# ALLERGY AWARE

# MEAT



## SPRING/SUMMER 2025

This menu is suitable for children with an allergy and/or intolerance within the 14 main EU allergens.

This menu contains FISH, SOYA & SULPHITES.

If a pupil has a food allergy or intolerance to FISH, SOYA OR SULPHITES they should be provided with the alternative meal or dessert choice for that day

All allergens warning are shown in RED

**NOTE:** All special diet recipes will be noted with 'SD' in front of the recipe. If 'SD' is stated, please ensure you are following the special diet recipe of the dish.

This menu contains standard and halal recipes (where applicable). If selector recipes have been used, please refer to the allergy aware selector menu to align to school's menu. If using a different meat that has not been featured on the allergy aware menus (applicable to those following FFL or Halal) please cross check the allergens to ensure no additional allergens are present.

# SPRING/SUMMER 2025 MENU



## ALLERGY AWARE MEAT WEEK 1

**STOP AND THINK!**

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	SD Vegan Cheese & Tomato Pizza 93174975 <b>NO GARLIC &amp; HERB BREAD</b>	BBQ Chicken 93278107 with Rainbow Rice 93276731	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	SD Chicken Burger 93170396 with Potato Wedges 93156646	SD Fish Fillet 93166795 with Chips
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 <b>NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO</b>				
	PASTA	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
	VEG	All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
	DESSERT	SD Frozen Smoothie 93166797 / 93166798	SD Chocolate Brownie <b>CONTAINS SULPHITES</b> 93196787	Sliced Fresh Banana 93041625 with SD Coconut Yoghurt 93200113	SD Apple Oat Bite <b>CONTAINS GF OATS</b> 93196789	SD Shortbread 93221990

**ONLY SERVE WHAT IS ON THIS MENU  
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625 )  
**NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR**

**THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL**

# SPRING/SUMMER 2025 MENU



## ALLERGY AWARE MEAT WEEK 2

**STOP AND THINK!**

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	SD Macaroni Cheese <b>CONTAINS SOYA &amp; GF OATS</b> 93180465	SD BBQ Chicken Pizza 93315910 with Potato Wedges 93156646	Roast Gammon 93173553 with Roast Potatoes 93035127 and Gravy 93034775	Beef Bolognese <b>CONTAINS SOYA &amp; GF BARLEY MALT EXTRACT</b> 93300541 with SD Pasta <b>CONTAINS SOYA</b> 93163235	SD Fish Fillet <b>CONTAINS FISH</b> 93166795 with Chips 93040525
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 <b>NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO</b>				
	PASTA	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
	VEG	All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
	DESSERT	SD Frozen Smoothie 93166797 / 93166798	SD Banana & Carrot Muffin 93197073	Strawberry Jelly 93290175	SD Lemon Drizzle Sponge <b>CONTAINS SULPHITES</b> 93219994	SD Cookie <b>CONTAINS GF OATS</b> 93290178 With Orange Slices

**ONLY SERVE WHAT IS ON THIS MENU**  
**SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625 )

**NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR**

**THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL**

# SPRING/SUMMER 2025 MENU



## ALLERGY AWARE MEAT WEEK 3

**STOP AND THINK!**

Have you completed the double-checking confirmation sheet?

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT DISHES	MAIN DISH	SD Vegan Cheese & Tomato Pizza 93174975 <b>NO GARLIC &amp; HERB BREAD</b>	SD Chicken Sausage Hotdog <b>CONTAINS SULPHITES</b> 93388504 with Potato Wedges 93156646	Roast Chicken 93035093 with Roast Potatoes 93035127 and Gravy 93034775	SD Oat Crusted Chicken <b>CONTAINS GF OATS</b> 93388506 with Wholegrain Rice 93035026	SD Fish Fillet <b>CONTAINS FISH</b> 93166795 with Chips 93040525
	JACKET POTATO	Jacket Potato with Baked Beans or Vegan Cheese 93034839 / 93227189 <b>NO DAIRY-BASED CHEESE OR TUNA/SALMON MAYO</b>				
	PASTA	SD Tomato Pasta <b>CONTAINS SOYA</b> 93171286				
	VEG	All main meals are served with two vegetables. <b>NO COLESLAW, MIXED SALAD OR SALAD BAR</b>				
	DESSERT	SD Frozen Smoothie 93166797 / 93166798	SD Chocolate Brownie <b>CONTAINS SULPHITES</b> 93196787	SD Shortbread 93221990 with Apple Slices 93365817	Raspberry Jelly 93290177	SD Flapjack <b>CONTAINS GF OATS</b> 93165520

**ONLY SERVE WHAT IS ON THIS MENU  
SD – SPECIAL DIET RECIPE**

Available Daily: Cool Water, SD Coconut Yoghurt (93200113) and Fresh Fruit (93041624/ 93065473/ 93041625 )  
**NO FRESHLY BAKED BREAD, STANDARD YOGHURT OR SALAD BAR**

**THIS MENU DOES CONTAIN FULLY REFINED SOYBEAN OIL**