





Chartwells

	EK 1 ENU	W/C: 30/10, 20/11, 11/12 01/01, 22/01, 26/02, 18/0				© Chartwells So much more than Fantastic Food
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Autumn/Winter 2023	Main Dish 1	Cheese and Tomato Pizza Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Chicken, Vegetable and Mash Pie Served with Gravy	Beef Bolognese Served with Wholewheat Pastc and Herby Garlic Bread	Fish Fingers or Fried Chicken Served with Chips
	Main Dish 2	Stir Fried Vegetable Rice	Vegetarian Burger Served with Potato Wedges	Vegetable Pastry Roll Served with Mashed Potato and Gravy	Vegetarian Bolognese Served with Wholewheat Pastc and Garlic and Herb Bread	^a Crispy Quorn Nuggets Served with Chips
	Jacket Potato		with	Jacket Potatoes In a choice of hot and cold fillin	ngs	
	Pasta and Rolls	Homemade Tomato Pasta	Hot Sausage Bap or Tomato & Mascarpone Pasta	Homemade Tomato Pasta	Cheese & Ham Deli Bap or Chicken Italiano Pasta	Homemade Tomato Pasta
	Available Every D	ay All	l meals are served with two vego	etables, salad bar, yogurt, frest	n fruit, cold deli and baked brea	d
Au	Dessert	Vanilla Ice Cream	Raspberry Yoghurt Cake with Fruit	Carrot, Orange and Sultana Slice	Original Flapjack	Beetroot Brownie
	Please be	Menu is subject to assured that all notified medical diets and		ered for		

NEEK 2 MENU		W/C: 06/11, 27/11, 08/01 29/01, 19/02, 04/03				Chartwell So much more than fantastic for
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Mai	n Dish 1	Cheese and Tomato Pizza Served with Potato Wedges	Chilli Con Carne Made with Turkey Mince, Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
Mai	n Dish 2	Vegetarian Cottage Pie Served with Gravy	Macaroni Cheese	Cheesy Leek and Carrot Crumble Served with Roast Potatoes and Gravy	Vegetarian Sausage Pasta Bake Served with Garlic and Herb Bread	Crispy Quorn Nuggets Served with Chips
Jacke	et Potato		wi	Jacket Potatoes th a choice of hot and cold filling	gs	
Jacke Pasta Availabl	and Rolls	Homemade Tomato Pasta	Cheese & Ham Deli or Tomato & Mascarpone Pasta	Homemade Tomato Pasta	Tuna Mayo Bap or Chicken Italiano Pasta	Homemade Tomato Pasta
Availabl	e Every Day	All r	neals are served with two veg	getables, salad bar, yogurt, fresh	fruit, cold deli and baked bread	d
	essert	Strawberry Ice Cream	Apple Crumble & Custard	Chocolate and Vanilla Marble Cake	Carrot Cake	Crunchy Chocolate Biscuit
•	Please be as	Menu is subject to a sured that all notified medical diets and al		atered for		

	EK 3 ENU	W/C: 13/11, 04/12, 15/02 05/02, 26/02, 11/03	1			Chartwells So much more than fantastic food
		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Autumn/Winter 2023	Main Dish 1	Cheese and Tomato Pizza Served with Potato Wedges	Cottage Pie Served with Gravy	Roast Turkey Served with Roast Potatoes and Gravy	Chicken Korma Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
	Main Dish 2	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Cauliflower Macaroni Cheese Served with Garlic and Herb Bread	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Sweet and Sour Vegetables Served with Wholegrain Rice	Crispy Quorn Nuggets Served with Chips
	Jacket Potato		with	Jacket Potatoes	Gs	
	Pasta and Rolls	Homemade Tomato Pasta	Ozzy Cheesy Bap or Herby Tomato Pasta	Homemade Tomato Pasta	Sausage Bap or Chicken Italiano Pasta	Homemade Tomato Pasta
	Available Every Da	ay All	l meals are served with two vege	etables, salad bar, yogurt, fresh	fruit, cold deli and baked bread	e e e e e e e e e e e e e e e e e e e
Au	Dessert	Chocolate Ice Cream	Strawberry Jelly	Banana Cake	Pineapple Upside Down Cake with Custard	Magic Apple & Cinnamon Bake
	• Please be	Menu is subject to assured that all notified medical diets and		ered for		